Recent Changes to the Food Stamp Program Make Many More New Yorkers Eligible for Greater Benefits, and Also Make it Easier for Everyone to Access The Benefits They are Entitled to.

Resources are no longer considered for most New Yorkers!

Many New Yorkers no longer have to pass a resource test. This means, for example, that savings in the bank do not preclude applicants from qualifying for food stamp benefits.

New Application Procedures Make it Easy for People with Busy Schedules To Apply!

In addition to applying in person at their local Food Stamps Office, New Yorkers now also have other options for applying when time is an issue, including:

- **Applying Via the Paperless Office System (POS)**
  The Food Bank For New York City assists low-income New Yorkers with electronic submission of food stamp applications throughout the five boroughs via Paperless Office System (POS). We will complete an applicant’s case intake, scan supporting documents into the system, and schedule a telephone interview with a food stamp office.

- **Applying By Mail via the Application and Referral Unit (MARU)**
  To receive the mail application kit, please contact the Food Bank for New York City at (212) 894-8060.

Income Guidelines

To qualify for food stamp benefits, households must meet the income criteria based on their household type and size as indicated in the chart below.

### GROSS INCOME GUIDELINES (as of October 2009)
### Maximum Monthly Gross Income for Households

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Maximum Monthly Gross Income for Households with NO dependent Care Costs</th>
<th>Maximum Monthly Gross Income for Households with dependent Care Costs</th>
<th>No Monthly Gross Income Limit for Households with Seniors/Disabled</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,174</td>
<td>$1,805</td>
<td>EXEMPT</td>
</tr>
<tr>
<td>2</td>
<td>$1,579</td>
<td>$2,428</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>$1,984</td>
<td>$3,052</td>
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<tr>
<td>4</td>
<td>$2,389</td>
<td>$3,675</td>
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</tr>
<tr>
<td>5</td>
<td>$2,794</td>
<td>$4,298</td>
<td></td>
</tr>
</tbody>
</table>

### Student Eligibility Work Requirement Exemptions

Students are individuals aged 18 to 50 who are enrolled at least half-time in institutions of a higher education. To qualify for food stamp benefits students must meet one of the following criteria:

- Be employed or self-employed for 20 hours per week on average
- Participate in a state or federally financed work study program
- Provide more than half the physical care of a dependent household member(s) under the age of six or an incapacitated person
- Provide more than half the physical care of a dependent household member who has reached the age of six but is under the age of 12 where adequate child care is not available
- Be enrolled full-time in an institution of higher education and a single parent with responsibility for the care of a dependent child under age 12 (regardless of the availability of adequate child care)
- Be assigned to or placed in an institution of higher learning through (Work Force Investment Act (WIA), a Food Stamp Employment and Training (FSE&T) program)

To get food stamp eligibility screening or to make a POS appointment at the nearest location, please contact the Food Bank For New York City at (212) 894-8060.