
If this is going to be your first time in New York, talk to as many people as you can about their experience of New York and the differences in culture. Also get familiar with neighborhoods (via internet), streets and your school campus map so that you have a better idea of your surroundings.

If English is your second language, practice before you arrive in the US. One of the best ways to practice is by reading English language newspapers and magazines and by watching movies and television shows in English.

Before leaving your home country, see your health practitioner for complete medical, dental, and eye examinations, including any necessary immunizations.

If you are taking prescription medication, bring a copy of the prescription with you.

Get health and travel insurance for your initial arrival. Be sure to have the contact information of your health insurance company in the U.S.

Bring enough personal funds to cover unexpected expenses.

Arrange to have a responsible person at home handle your mail.

Check your documents and make sure they are all correct. Make 2 copies of all important documents. Leave one set of copies in your home country with a responsible person and bring the other set with you.

Make your housing arrangements. Refer to the International Student Guide to Off-Campus Housing for assistance. Contact Student Housing and Residence Life for on-campus housing options. You can also email universityhousing@newschool.edu for a list of off-campus apartments.

Make travel arrangements. Make sure that you will arrive before the program start date on your I-20 or DS-2019. Check with the airline regarding its luggage policy. Check your flight 72 hours before departure.

Pack clothes for the appropriate weather but remember that the weather can change quite rapidly from hot to cool. Leave space in your luggage for the things you may want to take home. Bring small things that will remind you of home, photos, etc.
☐ Mark all of your baggage inside and out with your name and the address and bring phone numbers of the school that you can call in an emergency. Also certain airlines require you to indicate the address you will be living at upon arrival in the US. Have your US address and a school address with you when flying.

THE NEW SCHOOL

International Student Services
79 Fifth Ave, 5th Floor
New York, NY 10003
212 229 5592
Senior Director: Monique Ngozi Nri

Security
24 hour Emergency number
212 229 5165
Use this number when
ISS is closed

☐ Read the handouts from ISS “Welcome to the New School” on how to get from the airport to New York City.

☐ Carry with you important phone numbers and the address where you will be staying.

☐ Do you have friends or family in New York or the US you would like to visit? Make a plan. Bring their contact information, email, phone, cell.

☐ Carry your important documents with you in your hand luggage when you travel. Your I-20, passport valid at least six months into the future with valid student visa, supporting financial documents and the letter confirming your study at the New School.

☐ Carry with you a small bag with personal articles in case your luggage is temporarily lost.

☐ People that meet you will probably be interested in learning about your home country. You might want to bring postcards of your home country or small examples of your culture.

☐ Eat your favorite food.

☐ Bring your positive attitude and open-mindedness with you. You are about to embark on one the most fascinating chapters of your life!

We look forward to meeting you.

The ISS Staff