Food Studies Minor

The minor in Food Studies allows students to supplement their main area of study with a theoretical and practical exploration of food systems and food system design. The minor builds a basic understanding of culinary, political, social, managerial, and agricultural issues in relation to food and urban sustainability.

Requirements for the Minor in Food Studies

The minor consists of 6 credits (two courses) selected from the core courses of the major and 12 credits in one of the three concentrations of the major as specified below.

I. Core Courses (6 credits)

One introductory Food Studies course (3 credits)

NFDS 2050 Food, Culture, and Society: Introduction to Food Studies
Note: This course is a prerequisite for or co-requisite to most other NFDS courses.

One introductory course chosen from one of the following food studies concentrations (3 credits) (students must complete 12 additional credits in the chosen concentration):

Food Culture, Media, and Communication
NFDS 2101 American Culinary History: From the Erie Canal to the Food Network
NFDS 2615 The Language of Food

Food Health, Science, and the Environment
NFDS 2720 Food and the Human Body

NFDS 2750 Molecular Gastronomy

Food Policy and Politics
NFDS 2001 Contemporary Food Controversies
NFDS 2121 The Global Food System

II. Concentration Requirement (12 credits)

Students build on the introductory course taken toward core requirements by completing 12 additional credits in that concentration.

Food Culture, Media, and Communication

NFDS 2101 American Culinary History: From the Erie Canal to the Food Network (3 credits)

NFDS 2102 Drinking History (3 credits)

NFDS 3400 Food and Culture in the Mediterranean (3 credits)
NFDS 2110 Culinary Luminaries: A Celebration of Those Who Have Changed the Way We Eat (online, 1 credit)
NFDS 2120 The Sweet and the Bitter: A Historical Perspective on Sugar in Culture and Society (1 credit)

NFDS 2625 Food and Media (3 credits)

NFDS 2904 Food and New York City: Provisioning the City—From Orchards to DIY (1 credit)

NFDS 2905 Food and New York City: Feeding the City—From Streetcarts to Whole Foods (1 credit)

NFDS 2906 Food and New York City: Entertaining the City—From Oyster Houses to Trendy Restaurants (1 credit)

NFDS 2950 Food TV: From Julia Child to *Top Chef* (1 credit)
NFDS 2952 Jewish Food Through Song and Film (online, 1 credit)
NFDS 3110 Cultural History of Nutrition and Dieting (online, 3 credits)
NFDS 3300 Food Fight! Food in Advocacy and Sociopolitical Communication (online, 3 credits)
NFDS 3401 Eating Identities: Food, Gender and Race in Media (online, 3 credits)
NFDS 3505 Food and the Senses: An Exploration of Embodied Knowledge (3 credits)
NFDS 3615 Feast Your Eyes: Food and Film (4 credits)
NFDS 3601 Professional Food Writing (3 credits)

PLDS 3337 Food and Art (3 credits)
NWRW 3346 Food Narratives

Food Health and Environment
NFDS 2720 Food and the Human Body (3 credits)

NFDS 2400 From Nuggets to Nourishment: Kids and Food (1 credit)

NFDS 2750 Molecular Gastronomy (3 credits)

NFDS 3101 History of American Farming and Agricultural Production (3 credits)
NFDS 3203 Alternative Food Networks (online, 3 credits)
NFDS 3210 Global Food Crisis (3 credits)

NFDS 3300 Food Fight! Food in Advocacy and Sociopolitical Communication (online, 3 credits)

NFDS 3220 Food Environments, Health, and Social Justice (online, 3 credits)

NFDS 3700 The Science of Food, Flavor, and Farming (3 credits)
NFDS 3720 Urban Agriculture and Food Justice (3 credits)

NFDS 4375 Food, Tourism, and Sustainable Development (3 credits

NFDS 4715 Food and the Environment (3 credits)
UENV4520 Urban Food Systems (4 credits)

Food Policy and Politics
NFDS 2001 Contemporary Food Controversies (3 credits)

LHIS 2122 Food and Power in U.S. History (3 credits)

NFDS 2121 The Global Food System (3 credits)

NFDS 3201 Food Policy for the Local Food Revolution (3 credits)
NFDS 3203 Alternative Food Networks (online, 3 credits)
NFDS 3210 Global Food Crisis (3 credits)
NFDS 3220 Food Environments, Health, and Social Justice (online, 3 credits)
NFDS 3255 Social Justice in the Food System

NFDS 3260 Food, Global Trade, and Development (3 credits)
NFDS 3300 Food Fight! Food in Advocacy and Sociopolitical Communication (online, 3 credits)
NFDS 3410 Food and Migrations (3 credits)
NFDS 4200 New Frontiers in Food Systems Resilience (3 credits)

UENV 4520 Urban Food Systems (4 credits)
UENV 4703 Social Justice in Food Systems (3 credits)

Total: 18-20 credits