

Name _____ Date ____/____/____
(last name) (first name)
 Telephone: Day _____ Night _____ ID# _____

GYNECOLOGICAL AND OBSTETRICAL HISTORY

First day of your last period ____/____/____ Age at first menstruation _____ How long does your period last? _____
 How often do your periods occur? (e.g., monthly, every 6 weeks) _____
 On the heaviest day, how many pads or tampons do you use? _____ Any cramps? _____
 What treatment do you use for cramps? _____
 Any PMS symptoms? _____ Describe: _____
 Do you spot or bleed between periods or after intercourse? _____ Describe _____
 Ever Pregnant? _____ If yes: Date(s) _____ Outcome(s) _____
 Is this your first GYN exam? _____ Any history of STDs? _____ If yes, which one(s)? _____
 Date of last Pap Smear _____ Have you ever had an abnormal Pap Smear? _____ If so, when? _____
 Any breast problems? _____ Do you examine your breasts regularly? _____

SEXUAL HISTORY

Have you had sex with (Circle): men, women, neither, or both? _____ How old were you when you first had sex? _____
 Have you had more than one partner in the last year? _____ Do you have any pain with intercourse? _____
 If you use contraception, what form(s) do you use? _____ Do you wish to continue with this method? _____
 Have you ever experienced sexual assault or incest? _____ Is there violence in any of your relationships? _____

MEDICAL HISTORY

Do you have (or have you had) any medical problems? (For example: asthma, diabetes, high blood pressure, heart disease, seizure disorder, migraine headaches, gall bladder disease, clotting disorder, abnormal cholesterol, thyroid problems, urinary tract problems) If yes, circle and describe: _____
 Are you taking any medications? _____ Which ones and how often? _____
 Any vitamins? _____ Which ones and how often? _____

SURGICAL HISTORY

Have you ever had any surgery? (Including oral surgery, tonsils, abdominal surgery. etc.) _____
 If yes: Date _____ Type _____ Complications _____
 Date _____ Type _____ Complications _____
 Date _____ Type _____ Complications _____

FAMILY HISTORY

Do your parents or siblings have any of the following? (Check) ☐ High cholesterol ☐ Stroke ☐ Blood clots ☐ Diabetes ☐ Breast cancer ☐ Liver cancer ☐ Heart disease (heart attack) ☐ High blood pressure ☐ Other _____
 Do any women in you family have a history of: ☐ breast cancer ☐ uterine cancer ☐ ovarian cancer
 If yes, who? _____

SOCIAL HISTORY

Do you smoke tobacco? _____ If yes, how much per day? _____ How much alcohol do you drink each week? _____
 Do you use 'recreational' drugs? _____ If yes, which ones? _____

ALLERGIES

Are you allergic to any medicines? _____ Which ones? _____
 What is your reaction? _____

CONCERNS

Do you have any concerns about (Circle): AIDS, safer sex, sexual assault, breast self-exam, contraception or other health topics?

