

FOOD ACCESS AND FOOD SECURITY RESOURCES

Are you struggling to make ends meet? Is your food budget suffering? You may be eligible to receive Food Stamps (now called SNAP, or Supplemental Nutrition Assistance Program), and you can also consider using food pantries and soup kitchens.

This Pre-Screening Tool can be used to determine if you may be eligible to receive Food Stamps (now called SNAP) benefits: www.snap-step1.usda.gov/fns

Call **Food Bank for NYC** at 212.894.8060 for detailed information, pre-screening, or for help with the process.

You have to meet income tests to receive food stamps. Most households that have income over the amounts listed below cannot get food stamps.

People in household	Gross monthly income limits	Maximum benefit amounts
1	\$1,174	\$200
2	\$1,579	\$367
3	\$1,984	\$526
4	\$2,389	\$668

Food Stamp Office – Waverly
12 W. 14th St., 4th Floor
212.352.2519 or 212.352.2524
Mon–Fri: 8:30 a.m.–6:00 p.m. Sat: 9:00 a.m.–5:00 p.m.

NYC Hunger Hotline: 1-866-888-8777 or call 311
New York City Human Resource Administration (general public assistance & Medicaid information, inside NYC only: 1-877-472-8411)

Locate **soup kitchens** and **food pantries** by zip code, keyword or borough:
www.nyccah.org/maps/index.php

Find more information at www.foodbanknyc.org.

Access NYC: a free service that identifies and screens over 30 city, state, and federal human service benefit programs: a858-ihss.nyc.gov



Added Value

This organization have helped revitalize local parks, transformed vacant lands into Urban Farms to improve access to healthy, safe and affordable food that supports the needs of the community in Brooklyn, New York. There are three initiatives that Added Value is working on: Growing a Just Food System, Youth Empowerment, and Farm Based Learning. They are partnering with the upstate farmers, Partnerships for Parks, The New York City Department of Parks and Recreation, Community Supported Agriculture (CSA), local restaurants, Earth Matter, the City's lead organization dedicated to community composting, as well as the Park Slope Food Coop. *For more information about this program, please use the following link:*

<http://www.added-value.org/contact-us>

370 Van Brunt Street
Brooklyn, NY 11231
718.855.5531

City Harvest

Their mission is to rescue food for hungry men, women, and children in New York City by addressing longer term issues that surround hunger, including nutrition education, availability of produce, and increasing the capacity of their agency network. Here are some key programs City Harvest is working on to address specifically food security and food access:

HarvestWorks are working with farmers to harvest and purchase underutilized local produce at fair, negotiated rates and delivering it to low-income neighborhoods in New York City.

Healthy Neighborhoods have the City Harvest's Mobile Market that directly distributes produce to New Yorkers through a Greenmarket-style setting. This is to increase access to fresh produce and improve the diets of residents of New York City communities where poverty and diet-related diseases are common.

Here are a couple City Harvest Community Food Assessments: <http://www.cityharvest.org/press/C6/>

For more information about volunteering at City Harvest,
please contact: Sarah Pearlman

Senior Manager, Nutrition Education City Harvest
575 Eighth Avenue, 4th Floor NY, NY 10018

917.351.8772
spearlman@cityharvest.org
t.org
www.cityharvest.org

Cornell University Cooperative Extension (CUCE)-NYC

This institution serves urban, suburban, town and rural areas by offering programs in five broad areas: Agriculture & Food Systems; Children, Youth, & Families; Community & Economic Vitality; Environment & Natural Resources; and Nutrition & Health.

For more information about this program, please use the following link:

<http://cce.cornell.edu/Pages/Default.aspx>

Eat Smart New York (ESNY)

Cornell University Cooperative Extension delivers Supplemental Nutrition Assistance Program (SNAP) supported nutrition education to participants in Brooklyn, Queens, Manhattan and the Bronx. They provide nutrition and health workshop series to food stamp recipients and applicants who make food choices within

limited budgets. We reach participants via partnerships with New York City's many community organizations including emergency food assistance providers and food nutrition learning centers.

For more information about this program, please contact:

Pauline P. Waterman

40 E. 34th Street - Suite 606

New York, NY 10016-4402

T. 212-340-2910

ppw8@cornell.edu

<http://nyc.cce.cornell.edu/Pages/home.aspx>

Food Bank for New York City

The Food Bank For New York City recognizes 27 years as the city's major hunger-relief organization working to end food poverty throughout the five boroughs. As one of the country's largest food banks, our mission is to end hunger in New York City by organizing food, information and support for community survival and dignity. As the city's hub for integrated food poverty assistance, the Food Bank tackles the hunger issue on three fronts — food distribution, income support and nutrition education — all strategically guided by its research.

One of the many services that the Food Bank provides is pre-screenings with low-income New Yorkers to assess their eligibility and move them toward participation in the Food Stamp program. In addition to assessing the eligibility of low-income households, these one-on-one meetings provide New Yorkers with access to trained professionals who provide detailed information and answer questions regarding food stamps. Our food stamp information call center ([212.894.8060](tel:212.894.8060)) is available throughout the work week, providing regular access to food stamp specialists who can conduct pre-screenings and answer questions.

For more information about the Food Bank, please visit the following link:

www.foodbanknyc.org 39 Broadway, New York, NY 10006

Phone: 212.566.7855

Food Stamp Information Call Center: 212.894.8060

Food System NYC (FSNYC)

A membership organization that collaborates, educates, advocates to help establish regional food and farm economy to promote human and environment health and prevents hunger. Every stakeholder has a voice in food systems from agricultural producers and food processors to food workers, distributors, and eaters. This is to have informed engagement in food policy formulation and execution to sustaining a good and fair food system.

For more information about volunteering at Food System, NYC, please contact the following link: <http://www.foodsystemsnyc.org/>

55 Hanson Place

Brooklyn, NY 11217

646.233.3058

God's Love We deliver

Their mission is to improve the health and well-being of men, women and children living with HIV/AIDS, cancer and other serious illnesses by alleviating hunger and malnutrition by preparing and delivering nutritious, high-quality meals to people who, because of their illness, are unable to provide or prepare meals for themselves. They also provide illness-specific nutrition education and counseling to our clients, families, care providers and other service organizations. Here are some key programs they are working on to address specifically food security and food access:

Edited 04/11

Home Delivered Meal Program Registered Dietitians work with Executive Chef to create a health supportive menu to meet the nutritional needs of people living with serious illnesses. Clients and their caregivers discuss specific requirements where modifications are made based on medical diagnoses and support symptom management. Every week, clients and their dependent children each receive ten well-balanced meals that are prepared in our professional kitchen by staff, along with the help of many volunteers.

Grocery Bag Program are designed to provide medically stable clients with HIV/AIDS with one meal a day for a five-day period. Each week, bags containing nutritious non-perishable items along with fresh vegetables, are delivered to clients' homes. They add a "Recipe of the Week" that utilizes the contents of the grocery bag.

For more information about volunteering at God's Love We Deliver,
please contact: Lisa Zullig, MS, RD, CDN

Director of Nutrition Services

166 Avenue of the Americas

New York, NY 10013

212-294-8103

nutrition@glwd.org

<https://www.glwd.org/>

Hunger Prevention Nutrition Assistance Program (HPNAP) of New York

Almost 35% of New York's residents have incomes at or below 200% of the federal poverty level and may be eligible for federal food assistance programs such as Food Stamps. But these programs do not adjust for New York State's higher costs for housing, utilities and food. HPNAP helps to fill this gap.

For over the past 25 years, HPNAP provided State and Federal funds to improve the quality of food distributed to an estimated total of 2,500 Emergency Food Relief Organizations (EFRO) such as food banks, food pantries, soup kitchens and emergency shelters in New York State which provide over 160 million meals each year to people who are in need.

For more information about this program, please use the following link:

<http://www.health.state.ny.us/prevention/nutrition/hpnap/>

New York State Department Of Health

Division of Nutrition/Bureau of Nutrition Risk

Reduction Hunger Prevention and Nutrition

Assistance Program Riverview Center

150 Broadway FL 6W

Albany New York 12204-2719

Phone: (518) 402-7392

Fax: (518) 402-7220

E-mail: hpnep@health.state.ny.us

Healthy Food for Hungry People

Just Food

They provide in uniting local farms and city residents from all economic backgrounds with fresh, seasonal, sustainability grown food by marketing and distributing fresh foods from community gardens and urban agriculture sites and promoting **Community Supported Agriculture (CSA)** initiatives (food-buying clubs). Here are some key programs they are working on to address specifically food security and food access:

The City Farms develops and coordinates workshops to assist people in growing, marketing and distributing more garden-grown food. About 30 urban farms and community gardens are members of the City Farms. To date, they helped start 11 urban farmers markets, all of which provide both urban-grown and local produce for communities that need them most.

Fresh Food for All program helps food pantries and other emergency food programs by working with 44 food pantries and soup kitchens in all 5 boroughs, connecting them with farmers, providing cooking demonstrations, and arranging farm visits to acquaint the staff and clients with their farmers and the local food system. Just Foods partners with the Hunger Prevention Nutrition Assistance Program (HPNAP) of New York, the United Way of NYC, NYC emergency food programs, and rural family farmers.

For more information about volunteering at Just Foods, use the following link:

<http://justfood.org/get-involved/volunteer-just-food-1>

1155 Avenue of the Americas, 3rd Floor

New York, NY 10036

212.645.9880

www.justfood.org

New York City Coalition Against Hunger (NYCCAH)

Many initiatives including:

Emergency Food Action Center (EFAC): Provides comprehensive technical assistance to food pantries and soup kitchens, helping these frontline agencies expand and diversify their services and become self-sustaining. All assistance is designed based on the requests and needs articulated by emergency food programs. Providing assistance through workshops and one-on-one consultations, EFAC helps pantries and kitchens obtain more food and improve their operations with guidance in fundraising, financial management, job training and education, technology, customer service, program development, and business management.

Farm Fresh Initiatives, a city-wide program model, addresses this question by providing families with choices while connecting small local farms to low and middle income New Yorkers in traditionally under-served communities. The centerpiece of this citywide program is a unique mixed income Community Supported Agriculture (CSA) model that makes healthy, organic, fresh vegetables accessible to community members of all income levels by offering a variety of personalized payment options, including the ability to purchase vegetable shares using SNAP (Food Stamps) benefits.

For more information about this program, please contact or use the following link:

volunteer@nyccah.org

<http://www.nyccah.org/>

50 Broad Street, Suite 1520

New York, NY 10004 |

212. 825.0028

New York Healthy Food & Healthy Communities Fund

The New York Healthy Food & Healthy Communities Fund is an innovative financing program, established to facilitate the development of healthy food markets in underserved communities throughout New York. They can assist for profit, nonprofit or cooperative food markets that are located in underserved areas in New York State.

For more information about this program, please contact:

Low Income Investment Fund

350 Broadway, Suite 701

New York, NY 10013

212.509.5509 ext. 16

nyhealthyfood@liifund.org

<http://www.nyc.gov/html/doh/html/cdp/cdp-pan-current-programs.shtml>

New York City Department of Health and Mental Hygiene (NYCDOHMH)

Health Bucks worth \$2 each, are developed and distributed by NYC Health Department and can be used to purchase fresh fruits & vegetables at participating farmers markets. In addition, at farmers markets that accept food stamps, one Health Buck coupon will be given to each customer for every \$5 spent using food stamps. **Stellar Farmers' Markets** promotes the benefits of a diet rich in fruits and vegetables and improves the ability of New Yorkers to prepare healthy meals using locally grown, seasonal produce. Workshops include topics such as healthy eating, food resource management, food safety, and tips on saving money when food shopping.

Fresh Program A study conducted for the Mayor's Food Policy Task Force by the New York City Departments of Health and City Planning and the New York City Economic Development Corporation shows that many neighborhoods across the city are underserved by grocery stores. The resulting lack of nutritious, affordable fresh food in these neighborhoods has been linked to higher rates of diet-related diseases, including heart disease, diabetes and obesity. FRESH provides zoning and financial incentives to promote the establishment and retention of neighborhood grocery stores in underserved communities throughout the five boroughs. *For more information about these programs, please access the following links:*

New York City Department of Mental Hygiene (NYCDOHMH)

Health Bucks - www.nyc.gov/healthbucks

Stellar Farmers' Markets - www.nyc.gov/healthbucks

Fresh Program - www.nyc.gov/fresh

NYC Strategic Alliance for Health

In 2009 the NYC Strategic Alliance for Health (SAfH) was established to identify local level opportunities for the development and implementation of obesity prevention projects and policies. SAfH has an interest in lessening the impact of obesity, diabetes and cardiovascular disease in Northern Manhattan, North and Central Brooklyn, and the South Bronx

For more information about this program, please access the following link: <http://www.nycsafh.org/program-strategies>

United Way of NYC, NYC emergency food programs

At least two million New York City residents are at risk of going hungry, with pantries and kitchens reporting increasing requests for emergency food. In addition, 7,000 families, with nearly 14,000 children, sleep in a city shelter each night. A large number of those most in need are working poor families and their children.

For more information about this program, please use the following link:
<http://www.unitedwaynyc.org/?id=17&pg=efsp>

USDA

Supplemental Nutrition Assistance Program

<http://www.fns.usda.gov/snap/>

Food Stamp Nutrition Education Report

<http://www.fns.usda.gov/oane/MENU/Published/NutritionEducation/Files/FSNEP-FinalReport.pdf#xml=http://65.216.150.153/teaxis/search/pdfhi.txt?query=Food+Stamp+Nutrition+Education&pr=FNS&order=r&cq=&id=4592c7d811>